

# THE WATERS

## DINNER MENU

### SOUP OF THE DAY

Cup \$3.00  
Bowl \$4.00

### SIDES

Wild Rice Pilaf

Mashed Potatoes and Gravy

Baked Potato served with butter and sour cream

Hashbrowns

French Fries

Onion Rings

French Green Beans

Balsamic Glazed Brussel Sprouts with candied pecans

Dinner Roll

### ENTRÉES

*Each entrée is served with your choice of two sides.*



#### Hearty Beef Stew **G**

Tender beef and roasted vegetables simmered with red wine into a rich and comforting stew **\$12.00**

Calories 300, Carb 25g, Protein 30g, Sodium 416mg



#### Boneless Pork Chop

Boneless, marinated pork chop with sweet orange chutney **\$12.00**

Calories 375, Carb 31g, Protein 23g, Sodium 349mg

#### Smothered Seared Chicken **D**

Seared chicken breast topped with Swiss cheese, bell peppers, onions, mushrooms **\$12.00**

Calories 332, Carb 8g, Protein 31g, Sodium 686mg

#### Butternut Squash Ravioli **V D G**

Squash-filled ravioli in a creamy orange & sage sauce, garnished with toasted pumpkin seeds and parmesan cheese **\$12.00**

Calories 325, Carb 47g, Protein 12g, Sodium 665mg



#### Walleye Cakes **D G**

Walleye and cod cake made with fresh herbs, pan fried and garnished with a roasted garlic-lemon aioli sauce **\$13.00**

Calories 221, Carb 15, Protein 15g, Sodium 480 mg

#### Beer Battered Fish **G**

Twin beer-battered Alaskan cod filets **\$12.00**

Calories 738, Carb 25g, Protein 42g, Sodium 2266mg

#### Pistachio Crusted Salmon **G D**

Wild caught salmon filet crusted with chopped pistachio nuts and glazed with house-made teriyaki sauce **\$12.00**

Calories 351, Carb 14g, Protein 34g, Sodium 977mg

## SMALL PLATES

*Add a side salad \$3.50*

*Add fresh fruit or cup of soup \$3.00*



### Forest Mushroom & Herb **V G D**

#### Flatbread

Sautéed mushrooms, mozzarella and parmesan cheeses, drizzled with balsamic vinegar and truffle oil **\$6.50**

Calories 266, Carb 21g, Protein 17g, Sodium 465mg

### Margarita Flatbread **V G D**

Basil pesto, locally grown tomatoes topped with mozzarella cheese and a balsamic reduction **\$6.50**

Calories 293, Carb 28g, Protein 9g, Sodium 661mg

### Bourbon BBQ Chicken Skewers **G N**

Bacon-beer battered chicken breast strips served with bourbon BBQ sauce and candied pecans **\$5.50**

Calories 532, Carb 43g, Protein 48g, Sodium 637mg

## SALADS



### Roasted Beet Salad **D**

Roasted duo of golden and crimson beets, arugula, pumpkin seeds, goat cheese and cantaloupe served with lemon-thyme vinaigrette **\$10.00**

Calories 231, Carb 7g, Protein 8g, Sodium 410mg



### Caesar Salad **V D G**

Chopped romaine lettuce, shredded parmesan cheese, house-baked croutons, with creamy Caesar dressing **\$7.00**

Calories 123\*, Carb 7g, Protein 5g, Sodium 403mg

Add grilled chicken **\$3.00**

Calories 234, Carb 0g, Protein 44g, Sodium 105mg

Add shrimp **\$6.00**

Calories 302, Carb 5g, Protein 33g, Sodium 542mg

### Cobb Salad **E D**

Mixed greens, grilled chicken, locally grown tomato, English cucumber, chopped egg, local bleu cheese and applewood smoked bacon with your choice of dressing **\$10.00**

Calories 433\*, Carb 11g, Protein 40g, Sodium 753mg



### Fruit & Nut Salad **V D N**

Mixed greens, red onion, candied pecans, dried cranberries, local bleu cheese, local apples and pears, with a balsamic vinaigrette **\$7.00**

Calories 162\*, Carb 10g, Protein 5g, Sodium 102mg

Add grilled chicken **\$3.00**

Calories 234, Carb 0g, Protein 44g, Sodium 105mg



### House Side Salad **\$3.50 V**

Calories 90\*, Carb 9g, Protein 2g, Sodium 214mg



### Caesar Side Salad **\$3.50 V D G**

Calories 82\*, Carb 8g, Protein 4g, Sodium 380mg

\* Salad dressing nutritional values are not included

# SANDWICHES

*Served with Waters bistro chips or cup of fresh fruit  
Substitute french fries \$1.00 or onion rings \$2.00*

## Reuben **GS** **D**

Beer-braised corned beef, Swiss cheese, sauerkraut, house-made 1000 Island dressing on grilled marble rye **\$8.50**

Calories 1034, Carb 65g, Protein 35g, Sodium 2491mg

## Grown-up Grilled Cheese **GS** **D**

Local cheddar cheese, applewood smoked bacon and locally grown tomato on grilled Texas toast **\$7.50**

Calories 969, Carb 73g, Protein 30g, Sodium 2277mg

## Soup and 1/2 Sandwich **GS** **D**

Cup of soup with a 1/2 sandwich  
Choice of grilled cheese or BLT **\$7.00**

## Classic Croissant Sandwich **GS**

Chicken or tuna salad on a house-baked croissant, bibb lettuce and local tomato **\$7.50**

Calories 710, Carb 61g, Protein 37g, Sodium 769mg

## Monte Cristo **GS** **D** **E**

Shaved ham, turkey, Swiss and cheddar cheeses, grilled between French toast and served with creamy apricot dipping sauce **\$8.50**

Calories 419, Carb 37g, Protein 22g, Sodium 1392mg

## BLT **GS**

Applewood bacon, bibb lettuce, local tomato, maple-bacon mayo on choice of white or whole grain toast **\$6.50**

Calories 363, Carb 34g, Protein 14g, Sodium 1031mg

## Waters Burger **GS** **D**

Choice of ground beef patty, turkey wild rice patty or veggie patty with locally grown tomato and bibb lettuce on a grilled brioche bun **\$9.00**



### Beef Patty

Calories 649, Carb 41g, Protein 47g, Sodium 436mg



### Turkey Wild Rice Patty

Calories 474, Carb 50g, Protein 39g, Sodium 412mg

### Veggie Patty **V** **G**

Calories 395, Carb 61g, Protein 17g, Sodium 958mg

### Add Mushrooms 50¢

Calories 31, Carb 1g, Protein 1g, Sodium 61mg

### Add Onions 50¢ Raw, grilled or caramelized

Calories 126, Carb 17g, Protein 1g, Sodium 9mg

### Add Cheese 50¢ Local cheddar, Swiss or bleu **D**

Calories 94, Carb 2g, Protein 5g, Sodium 364mg

### Add Bacon \$2.00 Two slices

Calories 113, Carb 1g, Protein 8g, Sodium 407mg

## Bourbon BBQ Burger **GS** **D**

Hand-pattied beef burger topped with cheddar cheese, bourbon BBQ sauce and balsamic onion jam on a toasted brioche bun **\$9.50**

Calories 761, Carb 33g, Protein 47g, Sodium 638mg

## Patty Melt **GS** **D**

Choice of ground beef patty, turkey wild rice patty or veggie patty, sautéed onions, Swiss and American cheese on grilled marble rye **\$8.50**

See Waters Burger above for nutritional information

## SIDES

**Wild Rice Pilaf** \$3.00 **V**

Calories 119, Carb 24g, Protein 2g, Sodium 30mg

**Mashed Potatoes and Gravy** \$3.00 **D**

Calories 187, Carb 23g, Protein 3g, Sodium 523mg

**Baked Potato** \$2.00 **V** **D**

Served with butter and sour cream

Calories 298, Carb 58g, Protein 6g, Sodium 128mg

**Hashbrowns** \$3.00 **V** **D**

Calories 114, Carb 16g, Protein 2g, Sodium 19mg

**French Fries** \$2.00 **V**

Calories 170, Carb 28g, Protein 3g, Sodium 26mg

**Onion Rings** \$4.00 **V**

Calories 224, Carb 27g, Protein 3g, Sodium 339mg

**French Green Beans** \$2.00 **V**

Calories 36, Carb 5g, Protein 1g, Sodium 30mg

**Balsamic Glazed Brussel Sprouts** **V** **N**

**with Candied Pecans** \$3.00

Calories 145, Carb 72g, Protein 3g, Sodium 135mg

**Dinner Roll** \$1.00 **V** **G**

Calories 113, Carb 22g, Protein 4g, Sodium 222mg

## BEVERAGES

**Milk** \$1.50

**Juice** \$1.50

**Lemonade** \$2.25

**Ice Tea** \$1.75

**Soda** \$1.35

**Coffee** \$2.25

**Hot Tea** \$1.75

## DESSERTS

**Chef's Cake** \$5.00

**Chef's Pie** \$5.00

**Ice Cream Sundae** \$3.00

Vanilla

Chocolate

Sherbet

Flavor of the Week