



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1</p> <p>9:00am Cup O' Joe Club in the 827 & 823 Cafes <i>*Coffee & Mini Donuts Will be Served</i></p> <p>1:00pm Shoulder or Hand Massages <i>CR</i></p> <p><i>*The Creative Arts Room is open all day for crafts, knitting, quilting and more. Grandkids are welcome!</i></p>
<p>2</p> <p>1:00pm Cards—"500" <i>HH</i></p> <p>6:30pm Sunday Night at the Movies <i>CR</i></p>	<p>3</p> <p>8:30-9AM & 9:15-9:45am Rise & Thrive <i>CA</i></p> <p>10:30-11:30am TWOM Bible Study <i>Dr. Charlies</i></p> <p>12:15pm Bridge <i>HH</i></p> <p>1-1:45pm Gentle Chair Yoga <i>CA</i></p> <p>3:00pm HISTORY CLUB <i>CR</i> Geological Wonders #27 & #28</p> <p>4-6:00pm Horizon Hall Social <i>*Bring a Snack to Share & Beverage HH</i></p>	<p>4</p> <p>8:30-9AM Drumming Exercise Class <i>CA</i></p> <p>9:00am Edward Jones Market Update & Trends <i>CR</i></p> <p>9:15-9:45am Dancing to the Oldies & Better Balance <i>CA</i></p> <p>10:15-10:45am Sing-A-Long <i>827 Café</i></p> <p>11-11:15am Fill Your Vase <i>CA</i></p> <p>RR 11:30am Departure for Trinity Lutheran Organ Concert-Free Registration Deadline 6/2</p> <p>3:00pm Jingo & Prizes <i>Sunset Dining</i></p>	<p>5</p> <p>8:30-9AM Rise & Thrive <i>CA</i></p> <p>9:15-9:45AM Drumming <i>CA</i></p> <p>10:00am Line Dancing <i>CA</i></p> <p>11:00am Marion Worship led by Marion Church <i>CR</i></p> <p>12:45pm Hand & Foot Card Games <i>HH</i></p> <p>1:30pm Hospitality Club <i>Dr. Charlie's</i></p> <p>2:00pm Teen Hymn Singers <i>CR</i></p> <p>3-4pm Adult Arts & Crafts Group <i>Sunset Dining</i></p> <p>RR 3:30pm Departure for Flapdoodles Ice Cream Bring \$ Reg. Deadline 6/1</p> <p>7:00pm Poker Club <i>Lower Level</i></p>	<p>6</p> <p>8:30-9:00AM Dancing to the Oldies & Better Balance <i>CA</i></p> <p>9:50am Weekly Devotions <i>Sunset Dining</i></p> <p>1-1:45pm Chair Yoga <i>CA</i></p> <p>1:30-3:00pm Alzheimer's Support Group <i>CR</i></p> <p>2:00pm Word Game Sheets <i>827 Café</i></p> <p>4:30-5:30pm Social Hour <i>Sunrise & Sunset Dining</i></p>	<p>7</p> <p>8:30-9AM & 9:15-9:45am Rise & Thrive <i>CA</i></p> <p>10:00am Zumbro Lutheran Church Services <i>CR</i></p> <p>RR 11:00am Departure Friday Lunch "Twigs" Bring \$ Reg. Deadline 6/2</p> <p>1:00pm Cribbage <i>823 Café</i></p> <p>3:00pm "Ron's Old Time Band" <i>Sunset</i></p> <p>6:30-7:30pm Friday Night BINGO <i>Sunset Dining</i></p> <p><u>Rochester Public Library Monthly Book Delivery 823 CD</u></p>	<p>8</p> <p>9:00am Cup O' Joe Club in the 827 & 823 Cafes <i>*Coffee & Mini Donuts Will be Served</i></p> <p><i>*The Creative Arts Room is open all day for crafts, knitting, quilting and more. Grandkids are welcome!</i></p>

OUTINGS

All outings that are listed in the **Dahlia** color are off-site excursions:
***CHECK OUT THE MANY WE OFFER!**
RR = RESERVATIONS REQUIRED
TWOM BUS RUNS EVERY TUESDAY- FRIDAY 7:30AM-3:30PM
Coffee in the 827 Café
Every Monday-Friday 9:00 & 9:45am in the 827 Café.
TWOM LOCATION KEY
Dining Areas- First Floor
Riverside- 823 Restaurant
Sunrise-827 East Side Restaurant
Sunset-827 West Side Restaurant
Dr. Charlies- Dr. Charlies Private Dining Room
Lower Level!
HWBS- Health & Wellbeing Studio
Hair Salon & Massage
Pool Table/Billiards
Game Area (Poker Club)
First Floor
Café (823 & 827)- Cafes
CD (823 & 827)-Concierge Desk
CR (827)- Community Room
Second Floor (827 Building)
CA- Creative Arts Studio
Library
Fourth Floor
HH- Horizon Hall

Thrive



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9</p> <p>1:00pm Cards—"500" <i>HH</i></p> <p>6:30pm Sunday Night at the Movies <i>CR</i></p>	<p>10</p> <p>8:30-9AM & 9:15-9:45am Rise & Thrive <i>CA</i></p> <p>10:30-11:30am TWOM Bible Study <i>Dr. Charlies</i></p> <p>12:15pm Bridge <i>HH</i></p> <p>1-1:45pm Gentle Chair Yoga <i>CA</i></p> <p>3:00pm HISTORY CLUB <i>CR</i> Geological Wonders #29 & #30</p> <p>4-6:00pm Horizon Hall Social *Bring a Snack to Share & Beverage <i>HH</i></p>	<p>11</p> <p>8:30-9am Drumming Exercise Class <i>CA</i></p> <p>9:15-9:45am Dancing to the Oldies & Better Balance <i>CA</i></p> <p>RR 9:30am-Noon Beltone Hearing Aide Check & Screen <i>CR</i></p> <p>11-11:15am Fill Your Vase <i>CA</i></p> <p>RR 4:45pm Departure For VFW Dinner & Bar Bingo Bring \$ <i>Reg. Deadline 6/6</i></p> <p>6:30pm Tues. Night Movies <i>CR</i></p>	<p>12 <u>Schwan's Food Delivery</u></p> <p>8:30-9AM Rise & Thrive <i>CA</i></p> <p>9:15-9:45AM Drumming <i>CA11-</i></p> <p>11:30am Worship Service led by Autumn Ridge Church <i>CR</i></p> <p>12:45pm Hand & Foot Card Games <i>HH</i></p> <p>3:00pm Book Club <i>Dr. Charlies</i></p> <p>3-4pm Adult Arts & Crafts Group <i>Sunset Dining</i></p> <p>7:00pm Poker Club <i>Lower Level</i></p>	<p>13</p> <p>8:30-9am Dancing to the Oldies & Better Balance <i>CA</i></p> <p>9:50am Weekly Devotions <i>Sunset Dining</i></p> <p>1-1:45pm Chair Yoga <i>CA</i></p> <p>3:15pm "Mark Browning Milner" Music Ent. <i>Sunset Deck</i></p> <p>4:30-5:30pm Social Hour Summer Appetizers <i>Sunrise & Sunset Dining</i></p>	<p>14 Flag Day!</p> <p>8:30-9AM & 9:15-9:45am Rise & Thrive <i>CA</i></p> <p>RR 11:00am Departure Friday Lunch Out "Red Lobster" \$ <i>Reg. Deadline 6/12</i></p> <p>2:00pm Flag Talk Presentation by: Lee Harold Owner of "Harold's Flags" <i>CR</i></p> <p>3:00pm Root Beer Floats Social <i>Sunset Dining</i></p> <p>6:30-7:30pm Friday Night BINGO <i>Sunset Dining</i></p>	<p>15</p> <p>9:00am Cup O' Joe Club in the 827 & 823 Cafes <i>*Coffee & Mini Donuts Will be Served</i></p> <p>*The Creative Arts Room is open all day for crafts, knitting, quilting and more. Grandkids are welcome!</p>
<p>16 Father's Day!</p> <p>1:00pm Cards—"500" <i>HH</i></p> <p>RR 5-7 "Father's Day" Inspired Dinner Buffet *All are Welcome! \$12 <i>Reg. Deadline 6/12</i> *Please Sign up at the Concierge Desk</p> <p>6:30pm Sunday Night at the Movies <i>CR</i></p>	<p>17</p> <p>8:30-9AM Rise & Thrive <i>CA</i></p> <p>10:30-11:30am TWOM Bible Study <i>Dr. Charlies</i></p> <p>12:15pm Bridge <i>HH</i></p> <p>1-1:45pm Gentle Chair Yoga <i>CA</i></p> <p>3:00pm HISTORY CLUB <i>CR</i> Geological Wonders #31 & #32</p> <p>4-6:00pm Horizon Hall Social *Bring a Snack to Share & Beverage <i>HH</i></p> <p>7:00pm "Brassworks" Music Entertainment <i>Sunset Dining</i></p>	<p>18</p> <p>8:30-9am Drumming Exercise Class <i>CA</i></p> <p>9:15-9:45am Dancing to the Oldies & Better Balance <i>CA</i></p> <p>10:15-10:45am Sing-A-Long <i>827 Café</i></p> <p>11-11:15am Fill Your Vase <i>CA</i></p> <p>11:45am RR "Lunch Bunch "Chinese Catered In" \$6 <i>Reg. Deadline 6/17</i></p> <p>6:30pm Tues. Night Movies <i>CR</i></p>	<p>19</p> <p>8:30-9AM Rise & Thrive <i>CA</i></p> <p>9:15-9:45AM Drumming <i>CA</i></p> <p>11-11:30am Worship Service led by Walk in the Light Church <i>CR</i></p> <p>12:45pm Hand & Foot <i>HH</i></p> <p>1:30pm "Munch with Mary" Snack & Trivia</p> <p>3-4pm Adult Arts & Crafts <i>Sunset Dining</i></p> <p>7:00pm Poker Club <i>Lower Level</i></p>	<p>20</p> <p>8:30-9am Dancing to the Oldies & Better Balance <i>CA</i></p> <p>9:50am Weekly Devotions <i>Sunset Dining</i></p> <p>1-1:45pm Gentle Chair Yoga <i>CA</i></p> <p>2:00pm Travel Club "Tennessee" with Dale Blanshan <i>CR</i></p> <p>4:30-5:30pm Social Hour <i>Sunrise & Sunset Dining</i></p> <p>5-6pm Alzheimer's Sup. Grp <i>CR</i></p>	<p>21</p> <p>8:30-9AM & 9:15-9:45am Rise & Thrive <i>CA</i></p> <p>RR 11:00am Departure Friday Lunch Out "Outback" \$ <i>Reg. Deadline 6/17</i></p> <p>1:30pm "Taylor Marie Fashion Show" <i>CR</i></p> <p>3:00pm "Udderly Amazing Affair" Waffle Sundae's & Fun Dairy Facts <i>Sunset</i></p> <p>6:30-7:30pm Friday Night BINGO <i>Sunset Dining</i></p>	<p>22</p> <p>9:00am Cup O' Joe Club in the 827 & 823 Cafes <i>*Coffee & Mini Donuts Will be Served</i></p> <p>*The Creative Arts Room is open all day for crafts, knitting, quilting and more. Grandkids are welcome!</p>
<p>23</p> <p>RR 9:30am Departure for Great River Road Wine Trolley Tour (10am-6:00pm) Cost \$89 <i>Reg. Deadline 6/12</i></p> <p>1:00pm Cards—"500" <i>HH</i></p> <p>6:30pm Sunday Night at the Movies <i>CR</i></p> <p>30</p> <p>1:00pm Cards—"500" <i>HH</i></p> <p>6:30pm Sunday Night at the Movies <i>CR</i></p>	<p>24</p> <p>RR 8:00am Departure for Como Zoo in St. Paul. Bring \$ <i>Reg. Deadline 6/17</i></p> <p>8:30-9AM Open Ex. Gym <i>CA</i></p> <p>10:30-11:30am TWOM Bible Study <i>Dr. Charlies</i></p> <p>12:15pm Bridge <i>HH</i></p> <p>1-1:45pm Gentle Chair Yoga <i>CA</i></p> <p>3:00pm HISTORY CLUB <i>CR</i> Geological Wonders #33 & #34</p> <p>4-6:00pm Horizon Hall Social *Bring a Snack to Share & Beverage <i>HH</i></p>	<p>25</p> <p>8:30-9am Drumming Exercise Class <i>CA</i></p> <p>9:15-9:45am Dancing to the Oldies & Better Balance <i>CA</i></p> <p>11-11:15am Fill Your Vase <i>CA</i></p> <p>1:00pm Jingo, Pop & Prizes <i>Sunset Dining</i></p> <p>RR 5-7pm Potluck Dinner - Bring a Dish to Pass <i>Sunset</i> <i>Reg. Deadline 6/21</i></p> <p>6:30pm Tues. Night Movies <i>CR</i></p>	<p>26 <u>*Schwan's Food Delivery</u></p> <p>8:30-9AM Rise & Thrive <i>CA</i></p> <p>9:15-9:45AM Drumming <i>CA</i></p> <p>10:30-11:00am Group Rosary <i>CR</i></p> <p>11-11:30am Catholic Eucharist Service <i>CR</i></p> <p>1:00pm All Resident's Meeting <i>CR</i></p> <p>3-4pm Adult Arts & Crafts <i>Sunset Dining</i></p> <p>7:00pm Poker Club <i>Lower Level</i></p>	<p>27</p> <p>8:30-9am Dancing to the Oldies & Better Balance <i>CA</i></p> <p>9:50am Weekly Devotions <i>Sunset Dining</i></p> <p>1-1:45pm Gentle Chair Yoga <i>CA</i></p> <p>2:00pm Adult Coloring <i>827 Café</i></p> <p>4:30-5:30pm Social Hour <i>Sunrise & Sunset Dining</i></p>	<p>28</p> <p>8:30-9AM Rise & Thrive <i>CA</i></p> <p>10:00am Speaker: Carla Miller "Tips & Solutions for organizing your Space" <i>CR</i></p> <p>RR Noon Resident Birthday Party "If it is your Birthday Month your meal is Free" <i>Reg. Deadline 6/21</i></p> <p>2-2:30pm Friday Ice Cream Social Fundraiser "Walk to End Alzheimer's" \$2.00 <i>Sunset</i></p> <p>6:30-7:30pm Friday Night BINGO <i>Sunset Dining</i></p>	<p>29</p> <p>9:00am Cup O' Joe Club in the 827 & 823 Cafes <i>*Coffee & Mini Donuts Will be Served</i></p> <p>RR 1:00pm Departure for the "Rochesterfest Parade" Free <i>Reg. Deadline 6/21</i></p>

THE WATERS
ON MAYOWOOD™

Outings

All outings that are listed in the **Dahlia color** are off-site excursions:
***CHECK OUT THE MANY WE OFFER!**
RR = RESERVATIONS REQUIRED

TWOM BUS RUNS
EVERY TUESDAY- FRIDAY
7:30AM-3:30PM

Coffee in the 827 Café
Every Monday-Friday
9:00 & 9:45am in the 827 Café.

TWOM LOCATION KEY

Dining Areas- First Floor
Riverside- 823 Restaurant
Sunrise-827 East Side Restaurant
Sunset-827 West Side Restaurant
Dr. Charlies- Dr. Charlies Private Dining Room

Lower Level
HWBS- Health & Wellbeing Studio
Hair Salon & Massage
Pool Table/Billiards
Game Area (Poker Club)

First Floor
Café (823 & 827)- Cafes
CD (823 & 827)-Concierge Desk
CR (827)- Community Room

Second Floor (827 Building)
Library
CA- Creative Arts Studio

Fourth Floor
HH- Horizon Hall

Thrive