



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10am Tai Chi Video 10am Cup o' Joe Club <i>*Rolls & Coffee will be served (BL)</i> 2pm Second Hand Hounds (L) 4:30 Surf & Turf Birthday Dinner
2 Happy Birthday Ellen K! 9:30am Live Stream Lutheran Church Service (WBS) 1pm Dominos (DC)	3 9am-3pm Waters Shuttle Service *12:45pm Target 9:15 & 10am Rise & Thrive (WBS) 10:45am Current Events (CAS) 2:30 Coffee, Cookies and Convo with the Chef (DC) 3pm Chair Yoga (WBS)	4 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 10:40 Bible Study (CAS) 1:30pm Card Game, One Thirty Five (CR) 3:30 Convos in the Courtyard (BP) 7pm Honeywell Concert Band (CR)	5 9:15 & 10am Rise & Thrive (WBS) 10:45am All Resident Meeting (CR) 1:15pm Chair Yoga (WBS) 1:30 Paint, Paper and Scissors- Button Flowers (CAS) 3:30pm Integrative Therapy of the Month: Relaxation and Healing with Michelle Robbins (WBS) 6pm Bridge Club (L)	6 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) Spring Jewelry Sale with Darla Carlson 11am-2pm in Back Lobby 1:30 Weekly Devotions (PDR) 2pm Bean Bags on the Patio 3pm Social Hour (BP) 6:15pm Community Games (CR)	7 9:15 Rise & Thrive (WBS) 10am Rise and Thrive Video (WBS) 11am Catholic Communion and Rosary (WBS) 1pm Fill Your Vase (CAS) 3pm Bingo (CAS)	8 10am Tai Chi Video 10am Cup o' Joe Club <i>*Rolls & Coffee will be served (BL)</i>

Calendar Key:

- S = Salon
- L = Lobby
- BP = Back Patio
- BL = Back Lobby
- CR = Community Room
- DC = Dahlia Café (Bistro)
- LLR = Large Living Room
- WBS = Wellbeing Studio
- CAS = Creative Arts Studio

Offsite Excursions
 Every Monday—
 Water's Shuttle, 9am-3pm
 12:45pm Target

June 11th— Walk at Medicine Lake
 June 19th— 90's Party at the Plymouth Creek Center

RR = Registration Required
 Please register at the concierge desk register for the offsite excursions.

Integrative Wellness added to our PURPOSE Programming
 June— Relaxation and Breathing
 Every Friday at the end of Rise and Thrive, enjoy a session.
 June 5th- Learn about the Benefits of Relaxation and Breathing

Travel Club
 Traveling to Tennessee
 June 13th— Speaker Dale Blanshan and his presentation on Tennessee
 June 19th— Chef Demo with Tennessee Inspired Foods



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Thrive

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<p>9 Nursing Assistants Day! 9:30am Live Stream Lutheran Church Service (WBS) 1pm Dominos (DC)</p>	<p>10 Parking Lot Sweep 9am-3pm Waters Shuttle Service * 12:45pm Target 9:15 & 10am Rise & Thrive (WBS) 1:15 Chair Yoga (WBS) 2:30 Coffee, Cookies and Convo (DC)</p>	<p>11 9:15am & 10am Rise and Thrive Video (WBS) RR: 1pm Drive to Medicine Lake and go for a walk 6pm Knitting Club (BL) 6:30pm Book Club (CAS)</p>	<p>12 Happy Birthday Tom! 9:15 & 10am Rise & Thrive (WBS) 11am Join Officer Bill Dane and his partner "Odie" for a talk on the Plymouth Police Department K9 Unit and Dog Demo (CR) 2pm Trader Joes Taste Testing-Desserts (CAS) 6pm Bridge Club (L)</p>	<p>13 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 10:45 Travel Club with Dale Blanshan to Tennessee (CR) 1:30 Weekly Devotions (PDR) 2pm Bean Bags on the Patio 3pm Social Hour— Dress up for our 50's Themed Social Hour (BP) 6:15pm Community Games (CR)</p>	<p>14 Flag Day 8am Father's Day Pancake Breakfast Register by June 10th 9:15 & 10am Rise & Thrive (WBS) 1pm Fill Your Vase (CAS) 2pm National Flag Day Pie and Coffee Social (DC) 3pm Bingo (CAS)</p>	<p>15 10am Tai Chi Video 10am Cup o' Joe Club <i>*Rolls & Coffee will be served (BL)</i> 2pm Second Hand Hounds (L)</p>
<p>16 Father's Day Happy Birthday Ilene E. and Bob A! 9:30am Live Stream Lutheran Church Service (WBS) 1pm Dominos (DC) 2pm Live Entertainment: Robert Stuckey playing trumpet and singing The Great American Songbook (BP)</p>	<p>17 9am-3pm Waters Shuttle Service * 12:45pm Target 9:15 Rise & Thrive (WBS) 10:45 Current Events (CAS) 1pm Help Make Tie Blankets for Specialty Care residents (CAS) 2:30 Coffee, Cookies and Conversation with E.D. (DC) 3pm Yoga (WBS) 3:30pm Hearing Aid Clinic (BS)</p>	<p>18 Happy Birthday Barbara and Gary! 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Rise and Thrive Video (WBS) 1:30 Card Game, One Thirty Five (CR) 3:30pm Convos in the Courtyard (P) 6pm Billiards (LLR)</p>	<p>19 9:15 & 10am Rise & Thrive (WBS) RR: Are you 90+ years old? Join Others at the Plymouth Creek Center with lunch and Music Bus leaves at 11:30 Register by June 11th 1:15pm Chair Yoga (WBS) 2pm Chef Demo (CR) 6pm Bridge Club (L)</p>	<p>20 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 1:30 Weekly Devotions (PDR) 3pm Social Hour (BP) 6:15pm Community Games (CR)</p>	<p>21 Summer Solstice 9:15 Rise & Thrive (WBS) 10am Rise and Thrive Video (WBS) 10:30 Catholic Mass with Father Terry (CR) 1pm Fill Your Vase (CAS) 1:30pm Celebrate the Solstice with Ice Tea on the Patio 3pm Bingo (CAS)</p>	<p>22 10am Tai Chi Video 10am Cup o' Joe Club <i>*Rolls & Coffee will be served (BL)</i></p>
<p>23/30 9:30am Live Stream Lutheran Church Service (WBS) 1pm Dominos (DC)</p>	<p>24 9am-3pm Waters Shuttle Service * 12:45pm Target <i>*No 10am Class*</i> 11am Educational talk by the MN Department of Natural Resources (DNR) Learn about the Wildlife in our area (CR) 2:30 Coffee, Cookie, & Conversation with E.D. (DC) 3pm Yoga (WBS)</p>	<p>25 Happy Birthday Marlene! 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 1:30pm Ice Cream Social (BP) 3:30pm Hospitality Club (CAS) 6pm Knitting Club (BL) 6pm Billiards (LLR)</p>	<p>26 9:15 & 10am Rise & Thrive (WBS) 1:15pm Chair Yoga (WBS) 2pm Live Entertainment: Fernbrook Duo— Enjoy Piano and Conga Drum Jazz Music (CR) 6pm Bridge Club (L)</p>	<p>27 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 11am Convo in the Courtyard (P) 1:30 Weekly Devotions (PDR) 2pm White Elephant Summer Gift Exchange (WBS) 3pm Social Hour (BP) 6:15pm Community Games (CR)</p>	<p>28 9:15 & 10am Rise & Thrive (WBS) 11am Share Your Life Experiences (CR) 1pm Fill Your Vase & Flower Arranging (CAS) 3pm Bingo (CAS)</p>	<p>29 10am Tai Chi Video 10am Cup o' Joe Club <i>*Rolls & Coffee will be served (BL)</i></p>