



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1 May Day 9:15 & 10am Rise & Thrive (WBS) 11am Bring May Day Baskets to Specialty Care-Meet in WBS 1pm Chair Yoga (WBS) 1:30 Paint, Paper, Scissors Craft – Robin’s Nest Painting-Beginner’s Welcome! (CAS) 6pm Bridge Club (L)</p>	<p>2 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 10:45 All Resident Meeting (CR) 12:10 Twins Game Viewing (CR) 1:30 Weekly Devotions (CAS) 3pm Social Hour- Margaritas and Salsa (DC) 6:15pm Community Games (CR)</p>	<p>3 9:15 Rise & Thrive with Relaxation & Breathing (WBS) No 10am Rise & Thrive 11am Catholic Communion and Rosary (WBS) 1pm Fill Your Vase (CAS) 2:15pm Bean Bag Toss (WBS) 3pm 6-5-4(CAS)</p>	<p>4 Kentucky Derby! 10am Seated Tai Chi Video (WBS) 10am Cup o’ Joe Club <i>*Rolls & Coffee will be served (BL)</i> 1pm Enjoy Some Mint Lemonade on the Patio 2pm Second Hand Hounds (L) 4:30 Surf & Turf Birthday Dinner Watch the Kentucky Derby in the Community Room!</p>
<p>5 Cinco de Mayo 9:45am Live Stream Church Service from St. Philip the Deacon Lutheran Church (WBS) 1pm Dominos (DC) RR Bus will be leaving at 2:15 for Wayzata High School to see The Plymouth Rockers!</p>	<p>6 Garage Sweeping Day! Cars should be out of the garage by 8am 10am-3pm Waters Shuttle Service & * 12:45pm Target 9:15 Rise & Thrive (WBS) No 10am Exercise 10:45 Current Events (CAS) 2:30 Coffee, Cookies and Convo with the Chef (DC) 3pm Chair Yoga (WBS) 6:30 Student Piano Recital (CR) Thank you Cards will be in the Creative Arts Studio. Please write a Thank You to your favorite Nurse or Resident Assistant for National Nurse’s Week!</p>	<p>7 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 10:40 Bible Study (CAS) 1:30pm Card Game, One Thirty Five (CR) 3:30pm Outdoor Strolls with Michelle....Discuss how grateful we are for MN spring weather-Meet in Back Lobby</p>	<p>8 9:15 & 10am Rise & Thrive (WBS) 1pm Chair Yoga (WBS) 2pm Lutheran Service (CR) 3:30pm Plant-Based Therapies Educational Video, “Power Foods for the Brain.” (CR) 6pm Bridge Club (L)</p>	<p>9 Wear Pink for Breast Cancer 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 11am Hearing Health Educational Presentation by Affinity Hearing (CR) 1:30 Devotions (CAS) 1-2:45 My Mother’s Hands Photo Shoot– Come with nails painted or get painted when you arrive– Photo and Poem from photo shoot will be available on Mother’s Day for Family (PDR) 3pm Social Hour (DC) 6:15pm Community Games (CR)</p>	<p>10 9:15 & 10am Rise & Thrive with Aromatherapy (WBS) Fill Your Vase- Flowers will be donated by Trader Joes and set in Creative Arts Studio 1pm Live Entertainment with Mary Franz (CR) 3pm Bingo (CAS)</p>	<p>11 10am Seated Tai Chi Video (WBS) 10am Cup o’ Joe Club <i>*Rolls & Coffee will be served (BL)</i> Are you a Military Spouse? Stop by the Concierge for a special Thank you!</p>

Calendar Key:

- L = Lobby
- PDR = Private Dining Room
- BP = Back Patio
- BL = Back Lobby
- CR = Community Room
- DC = Dahlia Café (Bistro)
- LLR = Large Living Room
- WBS = Wellbeing Studio
- CAS = Creative Arts Studio

Offsite Excursions
Every Monday—Water’s Shuttle
9:45am Ridgedale, 12:45pm Target
May 5th– Plymouth Rockers at Wayzata High School
May 17th– Norway House for Lunch
May 22nd– Shopping at Bachman’s on Lyndale
May 30th– Arboretum Drive

RR = Registration Required
Please register at the concierge desk For the offsite excursions.

Special Events
May 1st– Paint, Paper, Scissors Art
May 6th– Student Piano Recital
May 9th– Hearing Health Presentation And My Mother’s Hands Photo Shoot
May 10th– Music by Mary Franz

Integrative Wellness
May– Plant Based Therapies

Travel Club
Washington D.C.

Thrive



Calendar Key:

- S = Salon
- L = Lobby
- BP = Back Patio
- BL = Back Lobby
- CR = Community Room
- DC = Dahlia Café (Bistro)
- LLR = Large Living Room
- WBS = Wellbeing Studio
- CAS = Creative Arts Studio

Offsite Excursions

Every Monday—Water's Shuttle
9:45am Ridgedale, 12:45pm Target
May 17th— Norway House for Lunch
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Please register at the concierge desk register for the offsite excursions.

Special Events

May 12th— Mothers Day Brunch
May 14th— Salsa Tastings
May 16th— Harley Social Hour
May 17th— Student Recital
May 20th— Taylor Marie Fashion
May 23rd— Wine Tasting
May 27th— Memorial Day Music
May 28th— Travel to Washington DC with AI
May 29th— Educational Presentation: Self Care and Mindfulness
May 31st— Share your Life Experiences

Integrative Wellness

May— Plant-based Therapies

Waters Signature Travel Club
Washington, D.C.

Thrive

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12 Mothers Day 9:45am Live Stream Church Service from St. Philip the Deacon Lutheran Church (WBS)</p> <p>Mothers Day Brunch 11-1pm</p> <p>1pm Dominos (DC)</p>	<p>13 9am-3pm Waters Shuttle Service * 12:45pm Target</p> <p>9:15 & 10am Rise & Thrive (WBS) 2:30 Coffee, Cookies and Convo with Active Life (DC) 3pm Chair Yoga (WBS) 3:30pm Get your hearing aid checked by Affinity Hearing (S)</p>	<p>14 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 10:40 Bible Study (CAS) 1:30pm Trader Joe's Salsa Taste Testing (CAS) 3pm Hand Massages by Michelle (WBS) 6pm Knitting Club (BL) 6:30pm Book Club (CAS)</p>	<p>15 Happy Birthday Audrey! 9:15 & 10am Rise & Thrive (WBS) 12:10 Twin's Game Viewing (CR) 1pm Gentle Chair Yoga (WBS) 6pm Bridge Club (L)</p>	<p>16 Happy Birthday Charlotte! Wear Purple for Peace Day!</p> <p>9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 1:30 Weekly Devotions (CAS) 3pm Social Hour on Patio—Check out a Harley Davidson Bike (DC) 6:15pm Community Games (CR)</p>	<p>17 Happy Birthday Clara! 9:15 Rise & Thrive with Meditation (WBS) No 10am Rise and Thrive 10:30 Catholic Mass with Father Terry (CR) RR 12pm Norway House</p> <p>1pm Fill Your Vase & Flower Arranging (CAS) 2:15pm Bean Bag Toss (WBS) 3pm 6-5-4(CAS) 6pm Student Piano Recital (CR)</p>	<p>18 Armed Forces Day 10am Seated Tai Chi Video (WBS) 10am Cup o' Joe Club <i>*Rolls & Coffee will be served</i> (BL) 2pm Second Hand Hounds (L)</p> <p>Are you a Veteran? Stop by concierge for a Special Thank you from the staff at The Waters</p>
<p>19 9:45am Live Stream Church Service from St. Philip the Deacon Lutheran Church (WBS) 1pm Dominos (DC)</p>	<p>20 9am-3pm Waters Shuttle Service * 12:45pm Target</p> <p>9:15 & 10am Rise & Thrive (WBS) 10:45 Current Events (CAS) 1pm Taylor Marie Fashion Show (CR) 2:30 Coffee, Cookies and Conversation with E.D. (DC) 3pm Gentle Chair Yoga</p>	<p>21 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 10:40 Bible Study (CAS) 1:30 Card Game, One Thirty Five (CR) 3:30pm Hospitality Club (CAS) 6pm Billiards (LLR)</p>	<p>22 9:15 & 10am Rise & Thrive (WBS) RR 11am Lunch and Shopping at Bachman's on Lyndale</p> <p>1pm Chair Yoga (WBS) 2pm Lutheran Service & Communion (CR) 6pm Bridge Club (L)</p>	<p>23 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 1:30 Weekly Devotions (CAS) 2pm Fourth Baptist School (CR) 3pm Social Hour— Wine Tasting (DC) 6:15pm Community Games (CR)</p>	<p>24 9:15 & 10am Rise & Thrive (WBS) 1pm Fill Your Vase & Flower Arranging (CAS) 2:15pm Bean Bag Toss (WBS) 3pm BINGO(CAS)</p>	<p>25 10am Seated Tai Chi Video (WBS) 10am Cup o' Joe Club <i>*Rolls & Coffee will be served</i> (BL)</p>
<p>26 9:45am Live Stream Church Service from St. Philip the Deacon Lutheran Church (WBS) 1pm Dominos (DC)</p>	<p>27 Happy Birthday Connie! Happy Memorial Day! No Shuttle Today</p> <p>10am Chair Yoga (WBS) 1:30pm Music on the Patio with Yana Reiko— Wear Red, White & Blue</p>	<p>28 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) 10:40 Bible Study (CAS) 1:30 Travel to Washington DC with AI (CR) 6pm Knitting Club (BL) 6pm Billiards (LLR)</p>	<p>29 Happy Birthday Shirly! 9:15 & 10am Rise & Thrive (WBS) 11am Educational Presentation by Allina: Self-Care & Mindfulness (CR) 1pm Chair Yoga (WBS) 6pm Bridge Club (L)</p>	<p>30 Happy Birthday Linda! 9:15am & 10am Dancing to the Oldies & Better Balance (WBS) RR 12pm Arboretum Drive</p> <p>1:30 Weekly Devotions (CAS) 3pm Social Hour—Meet and Greet (DC) 6:15pm Community Games (CR)</p>	<p>31 9:15 Rise & Thrive (WBS) No 10am Rise & Thrive 11am Share Your Life Experiences (CR) 1pm Fill Your Vase & Flower Arranging (CAS) 2:15pm Bean Bag Toss (WBS) 3pm 6-5-4(CAS)</p>	