



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1 May Day <u>Morning Programs</u> Rise & Thrive– Ring Toss Poetry Group <u>Afternoon Programs</u> 1:00 Chair Yoga w/ Betty (WBS) 1:30 Paper, Paint & Scissors Art (CAS) 3:30 Music Therapy (P) <u>Evening Programs</u> Stained Glass Coloring (P & M)</p>	<p>2 <u>Morning Programs</u> Rise & Thrive– Drumming What happened in History <u>Afternoon Programs</u> Plant seeds on the Patio Sing-a-long 3:00 Social Hour (DC) <u>Evening Programs</u> Match Up Famous Duos (P) The Guessing Game (M)</p>	<p>3 <u>Morning Programs</u> 10am Rise & Thrive (P) 10:30 Catholic Communion & Rosary (WBS) <u>Afternoon Programs</u> 1:00 Fill your Vase (P) 1:45 Fill Your Vase (M) 3pm Sing a Long with Melissa (P) <u>Evening Programs</u> Familiar Face Bingo (P) Large Print Word Finds (M)</p>	<p>4 <u>Morning Programs</u> Patsy Cline Sing-a-long <u>Afternoon Programs</u> Kentucky Derby 1pm Second Hand Hounds <u>Evening Programs</u> Pattern Blocks and Boards Can you Help Me? (M) Thank You Cards will be Set out for you to write to your nursing staff for National Nurse’s Week!</p>
<p>5 <u>MORNING PROGRAMS</u> 9:45 Live Stream Church Service (P&M) <u>AFTERNOON PROGRAMS</u> Trivia (P) Matching Food Items (M) <u>EVENING PROGRAMS</u> Everyday Life Photos (P) Match Up Food Game (M)</p>	<p>6 <u>Morning Programs</u> Rise & Thrive– Ball Exercises MN History <u>Afternoon Programs</u> 1:00 Tea & Treats (P) 2:30 Tea & Treats (M) 3:00 Yoga with Betty (WBS) <u>Evening Programs</u> US Presidents (P) Guess Who (M) 6:30 Susan Kim Music Students (CR)</p>	<p>7 Wear Pink Today! <u>Morning Programs</u> Rise & Thrive– Noodle Dancing Current Events <u>Afternoon Programs</u> Mother’s Day Tea Party & Photo Shoot (1pm–Ponds, 2:30pm– Marsh) <u>Evening Programs</u> I Hear Memories (P) Puzzles (M)</p>	<p>8 <u>Morning Programs</u> Rise & Thrive– Ring Toss Poetry Group-Famous Authors from Washington, D.C. <u>Afternoon Programs</u> 1:00 Yoga with Betty (WBS) 1:30 Birthday Party with Live Music and Ice Cream (P) 2:00 Birthday Party with Live Music and Ice Cream (M) <u>Evening Programs</u> Stained Glass Coloring (P & M)</p>	<p>9 <u>Morning Programs</u> Rise & Thrive– Drumming What happened in History <u>Afternoon Programs</u> 1:00 Music on the Patio with Bingo 3:00 Social Hour (DC) <u>Evening Programs</u> Match Up Famous Duos (P) The Guessing Game (M)</p>	<p>10 <u>Morning Programs</u> 10am Rise & Thrive (WBS) 11:00 Fill Your Vase (M) <u>Afternoon Programs</u> 1pm Live Entertainment with Mary Franz (Patio) 2:30pm Fill Your Vase (P) 3:00 Social With Michelle Land (P) <u>Evening Programs</u> Familiar Face Bingo (P) Large Print Word Finds (M)</p>	<p>11 <u>Morning Programs</u> Sing-a-long with The Temptations <u>Afternoon Programs</u> Memory Matching Movie– Starring John Wayne <u>Evening Programs</u> Pattern Blocks and Boards Can you Help Me? (M) Are you a Military Spouse? Find the Manager on Duty for a Special Thank you!</p>

Calendar Key:
 S = Salon
 L = Lobby
 BP = Back Patio
 BL = Back Lobby
 CR = Community Room
 DC = Dahlia Café (Bistro)
 LLR = Large Living Room
 WBS = Wellbeing Studio
 CAS = Creative Arts Studio

Integrative Wellness added to our PURPOSE Programming
November—Gratitude
December—Meditation
January—Energy Healing
February— Guided Imagery
March — Massage
April — Acupuncture
May— Plant Based Therapies

Offsite Excursions
 Como Zoo
 Arboretum
 Dairy Queen

***Signature THRIVE Carts & Purpose Activity Boxes are available all day—just ask the staff!**

TRAVEL CLUB: Washington, D.C.!

Thrive



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TRAVEL CLUB:
Washington, D.C.



1 SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12 Mother's Day MORNING PROGRAMS 9:45 Live Stream Church Service (P&M) AFTERNOON PROGRAMS Mothers Day Brunch 11am-1pm EVENING PROGRAMS Everyday Life Photos (P) Match Up Food Game (M)</p>	<p>13 MORNING PROGRAMS Noodle Dancing (P) History of our Nations Capital Washington, D.C. AFTERNOON PROGRAMS 1:00 Golf Ball Lady Bugs (P&M) 3:00 Yoga with Betty (WBS) EVENING PROGRAMS US Presidents (P) Guess Who (M)</p>	<p>14 MORNING PROGRAMS Tic Tac Throw Current Events AFTERNOON PROGRAMS 1:30 Baking Corner w/ Beth (CAS) 3:30 Music Therapy (M) EVENING PROGRAMS I Hear Memories (P) Puzzles (M)</p>	<p>15 Happy Birthday Audrey MORNING PROGRAMS 9:30 Como Zoo Outing AFTERNOON PROGRAMS 1:00 Chair Yoga with Betty (WBS) 3:00 Sing-a-long w/ Melissa (M) EVENING PROGRAMS Stained Glass Coloring (P & M)</p>	<p>16 Happy Birthday Charlotte S. Wear Purple for Peace! MORNING PROGRAMS 10am Drumming What Happened in History this Week AFTERNOON PROGRAMS Map Rocks 3:00 Social Hour EVENING PROGRAMS Match Up Famous Duos (P) The Guessing Game (M)</p>	<p>17 Happy Birthday Clara K. MORNING PROGRAMS 10am Dancing to The Oldies with Michelle R. 10:30 Catholic Mass (CR) AFTERNOON PROGRAMS Fill your Vase (1pm-P, 3:00pm-M) EVENING PROGRAMS Familiar Face Bingo (P) Large Print Word Finds (M) 6:00 Student Piano Recital (CR)</p>	<p>18 Armed Forces Day MORNING PROGRAMS Elvis Sing-a-long AFTERNOON PROGRAMS 1pm Second Hand Hounds I spy on the Patio Carol Burnett Show EVENING PROGRAMS Pattern Blocks and Boards Can you Help Me? (M) Are you a Veteran? Find the Manager on Duty for a special Thank you!</p>
<p>19 MORNING PROGRAMS 9:45 Live Stream Church Service (P&M) AFTERNOON PROGRAMS Aromatherapy and Coloring John Wayne Movie EVENING PROGRAMS Everyday Life Photos (P) Match Up Food Game (M)</p>	<p>20 MORNING PROGRAMS 10am Noodle Dancing MN History AFTERNOON PROGRAMS 1:00 Taylor's Fashion Show (CR) 3:00 Chair Yoga with Betty (WBS) EVENING PROGRAMS US Presidents (P) Guess Who (M)</p>	<p>21 MORNING PROGRAMS 10:00 Drumming 10:45 Baking with Beth AFTERNOON PROGRAMS 1:30pm Arboretum Drive EVENING PROGRAMS I Hear Memories (P) Puzzles (M)</p>	<p>22 MORNING PROGRAMS 10:00 Ring Toss Poetry with Beth AFTERNOON PROGRAMS 1:00 Chair Yoga with Betty (WBS) 2:00 Lutheran Church Service (CR) EVENING PROGRAMS Stained Glass Coloring (P & M)</p>	<p>23 MORNING PROGRAMS 10am Drumming 10:45am Reading with Kids (P) AFTERNOON PROGRAMS Beauty Day with Beth 2pm Fourth Baptist School Program (CR) 3pm Social Hour (DC) EVENING PROGRAMS Match Up Famous Duos (P) The Guessing Game (M)</p>	<p>24 MORNING PROGRAMS 10am Rise and Thrive AFTERNOON PROGRAMS Fill Your Vase (1pm (P) 3 pm-(M) 3pm Social hour with Michelle Land (M) EVENING PROGRAMS Familiar Face Bingo (P) Large Print Word Finds (M)</p>	<p>25 MORNING PROGRAMS Music on the Patio AFTERNOON PROGRAMS Can You Help Me? (P) Large Crossword (M) EVENING PROGRAMS Pattern Blocks and Boards Can you Help Me? (M)</p>
<p>26 MORNING PROGRAMS 9:45 Live Stream Church Service (P&M) AFTERNOON PROGRAMS Trivia (P) Sing-a-long Frank Sinatra EVENING PROGRAMS Everyday Life Photos (P) Match Up Food Game (M)</p>	<p>27 Memorial Day Wear Red, White, & Blue! Happy Birthday Connie E. MORNING PROGRAMS 10am Noodle Dancing MN History AFTERNOON PROGRAMS 1:30 Yana Reiko Music on the Patio EVENING PROGRAMS US Presidents (P) Guess Who (M)</p>	<p>28 MORNING PROGRAMS 10:30am Drive to Dairy Queen AFTERNOON PROGRAMS 1:30pm Travel to Washington DC with AL (CR) Baking with Beth Tea & Cookies EVENING PROGRAMS I Hear Memories (P) Puzzles (M)</p>	<p>29 Happy Birthday Shirly B. MORNING PROGRAMS 10:00 Twister Bag Game 11am Educational Presentation by Allina: Self-Care and Mindfulness (CR) AFTERNOON PROGRAMS 1:00 Chair Yoga with Betty (WBS) Washington, D.C. Videos EVENING PROGRAMS Stained Glass Coloring (P & M)</p>	<p>30 Happy Birthday Linda MORNING PROGRAMS 10am Drumming What Happened in History this Week AFTERNOON PROGRAMS Coffee Filter Flowers on the Patio 3pm Social Hour (DC) EVENING PROGRAMS Match Up Famous Duos (P) The Guessing Game (M)</p>	<p>31 MORNING PROGRAMS 10am Rise & Thrive (P) 11am Share your Life Experiences (CR) AFTERNOON PROGRAMS Fill Your Vase (1pm (P) 3 pm-(M) EVENING PROGRAMS Familiar Face Bingo (P) Large Print Word Finds (M)</p>	