



Calendar Key:
 S = Salon
 L = Lobby
 BP = Back Patio
 BL = Back Lobby
 CR = Community Room
 DC = Dahlia Café (Bistro)
 LLR = Large Living Room
 WBS = Wellbeing Studio
 CAS = Creative Arts Studio

Offsite Excursions
 Every Monday—Water's Shuttle
 9:45am Ridgedale, 12:45pm Target
 Every Tuesday at 1:30pm—Vocal Essence
 Sing Along at the Waters of 50th
 10/2—1pm Lovable Llamas in Waconia
 10/9 1pm Fall Leaves Drive
 10/16 11am New Bohemia Lunch Outing
 10/23 1pm Animal Humane Society Tour
 10/30 11am Famous Dave's Lunch

RR = Registration Required
 Please register at the concierge desk
 register for the offsite excursions.

**Integrative Wellness added
 to our PURPOSE Programming**
 June—Relaxation & Breathing
 July—Aromatherapy
 August—Tai Chi/Qigong
 September—Animal Assisted Therapies
 October—Yoga

Waters Signature Travel Club
 October—Germany
 10/3 Germany Talk with Dale Blanshan
 and Language Lesson
 10/4 Oktoberfest Social
 10/10 German Coleslaw Cooking Demo
 10/16 Lunch at New Bohemia and a
 Speaker from the Germanic American
 Institute
 10/19 Live Accordion Music



SUN	MON	TUE	WED	THU	FRI	SAT
	1 9am-3pm Waters Shuttle Service *9:45am Ridgedale & 12:45pm Target 9:15 & 10am Rise & Thrive (WBS) 10:45am Current Events (CAS) 2:30pm Coffee, Cookies & Conversation (DC) 3pm Gentle Chair Yoga (WBS)	2 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Waters Drumming (WBS) RR 1pm Lovable Llamas in Waconia 2:30 Sing A Long w/ Suzie Q(WBS) 3pm Waters Academy—Bonnie and Clyde (WBS) 6pm Knitting (CAS)	3 9:15 & 10am Rise & Thrive (WBS) 10:45 Waters Academy Travel Club -Traveling to Germany with Dale Blanshan (WBS) 1:30 German Language Lesson (WBS) RR 1:30 pm Vocal Essence at the Waters of 50th 3pm Gentle Chair Yoga (WBS) 6:15pm Bridge Club (L)	4 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Drumming (WBS) 10:45am All Resident's Meeting (CR) 1:30 Weekly Devotions (CAS) 3pm Social Hour—Oktoberfest (DC) 6:15pm Community Games (CR)	5 Happy Birthday Shirley W 9:15 & 10am Rise & Thrive (WBS) 11am Communion & Rosary (WBS) 1pm Fill Your Vase & Flower Arranging (CAS) 3pm 6-5-4 (CAS)	6 9:15-9:45am Tai Chi/Qigong with Brad (WBS) 10am Cup o' Joe Club (BL) *Rolls & Coffee will be serve 2pm Second Hand Hounds (L) 4:30 Surf & Turf Birthday Dinner 6pm Saturday Night at the Movies (WBS)
7 Happy Birthday Rodney B! 9:45am Live Stream Church Service from St. Philip the Deacon Lutheran Church (WBS) 2pm Movie Matinee (WBS) 3:25 Vikings vs. Eagles (DC) 4pm Cribbage (CAS) 6pm Color Me Calm (CAS)	8 9am-3pm Waters Shuttle Service *9:45am Ridgedale & 12:45pm Target 9:15 & 10am Rise & Thrive (WBS) 10:45am Current Events (CAS) 2:30pm Coffee, Cookies & Conversation (DC) 3pm Gentle Chair Yoga (WBS)	9 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Waters Drumming (WBS) 10:40am Bible Study (CAS) RR 1pm Fall Leaves Drive 2:30 Sing Along w/ Susie Q (WBS) 3pm Health & Wellbeing—Diabetes (WBS) 6:30pm Book Club (CAS)	10 9:15 & 10am Rise & Thrive (WBS) 10:45 This Day in History (CAS) 1:30 Cooking Demo— German Coleslaw (CR) RR 1:30pm Vocal Essence Sing Along at the Waters of 50th 3pm Gentle Chair Yoga (WBS)	11 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Drumming (WBS) 12pm BBQ with the Plymouth Police and Fire Fighters 1:30 Weekly Devotions (CAS) 6:15pm Community Games (CR)	12 9:15 & 10am Rise & Thrive (WBS) 10:45 Holiday Decorating (WBS) 1pm Fill Your Vase & Flower Arranging (CAS) 2:15pm Bean Bag Toss (WBS) 3pm BINGO (CAS)	13 9:15-9:45am Tai Chi/Qigong with Brad (WBS) 10am Cup o' Joe Club (BL) *Rolls & Coffee will be served 6pm Live Music: Michael Riddle (BL)
14 9:45am Live Stream Church Service from St. Philip the Deacon Lutheran Church (WBS) 12pm Vikings vs. Cardinals (DC) 2pm Movie Matinee (WBS) 4pm Cribbage (CAS) 6pm Color Me Calm (CAS)	15 9am-3pm Waters Shuttle Service *9:45am Ridgedale & 12:45pm Target 9:15 & 10am Rise & Thrive (WBS) 10:45am Current Events (CAS) 2:30 Coffee, Cookie, & Conversation (DC) 3pm Gentle Chair Yoga (WBS)	16 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Waters Drumming (WBS) RR 11am New Bohemia Lunch Outing 2:30 Sing Along w/Susie Q (WBS) 3pm Waters Academy Travel Club – Germanic American Institute (WBS) 6pm Billiards (LLR)	17 9:15 & 10am Rise & Thrive (WBS) 10:45 Current Events (CAS) RR 1:30pm Vocal Essence Sing Along at the Waters of 50th 3pm Gentle Chair Yoga (WBS) 6:15pm Bridge Club (L)	18 Happy Birthday Jean S 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Drumming (WBS) 10:45 How to Use Exercise Equipment (WBS) 1:30 Weekly Devotions (CAS) 3pm Social Hour-Meet and Greet (DC) 6:15pm Community Games (CR)	19 9:15 & 10am Rise & Thrive (WBS) 10:30 Catholic Mass (CR) 10:45 RR-Creative Corner— Paint, Paper, and Scissors (CAS) 1pm Fill Your Vase & Flower Arranging (CAS) 2pm Music Enrichment: Live Accordion	20 9:15-9:45am Tai Chi/Qigong with Brad (WBS) 10am Cup o' Joe Club (BL) *Rolls & Coffee will be served 2pm Second Hand Hounds (L) 6pm Saturday Night at the Movies (WBS)
21 9:45am Live Stream Church Service from St. Philip the Deacon Lutheran Church (WBS) 12pm Vikings vs. Jets (DC) 2pm Movie Matinee (WBS) 4pm Cribbage (CAS) 6pm Color Me Calm (CAS)	22 Happy Birthday Lynda B! 9am-3pm Waters Shuttle Service *9:45am Ridgedale & 12:45pm Target 9:15 & 10am Rise & Thrive (WBS) 10:45am Current Events (CAS) 2:30 Coffee, Cookies & Conversation (DC) 3pm Gentle Chair Yoga (WBS)	23 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Waters Drumming (WBS) 10:40am Bible Study (CAS) RR 1pm Animal Humane Society Tour 2:30 Sing Along w/ Susie Q (WBS) 3pm Hospitality Club (CAS) 6pm Billiards (LLR)	24 Happy Birthday Betty K 9:15 & 10am Rise & Thrive (WBS) 10:45 This Day in History (CAS) 1:30 Hand Massages (WBS) RR 1:30pm Vocal Essence Sing Along at the Waters of 50th 3pm Gentle Chair Yoga (WBS) 6:15pm Bridge Club (L)	25 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Drumming (WBS) 10:45 Trick or Treaters from Moms Club of Plymouth/ Wayzata (LLR) 1:30 Weekly Devotions (CAS) 3pm Social Hour (DC) 6:15pm Community Games (CR)	26 9:15 & 10am Rise & Thrive (WBS) 11am Sharing Your Life Experiences—(WBS) 1pm Fill Your Vase & Flower Arranging (CAS) 2:15pm Bean Bag Toss (WBS) 3pm BINGO (CAS)	27 Happy Birthday Richard C 9:15-9:45am Tai Chi/Qigong with Brad (WBS) 10am Cup o' Joe Club (BL) *Rolls & Coffee will be served 6pm Saturday Night at the Movies (WBS)
28 Happy Birthday Lois M 9:45am Live Stream Church Service from St. Philip the Deacon Lutheran Church (WBS) 2pm Movie Matinee (WBS) 4pm Cribbage (CAS) 6pm Color Me Calm (CAS)	29 9am-3pm Waters Shuttle Service *9:45am Ridgedale & 12:45pm Target 9:15 & 10am Rise & Thrive (WBS) 10:45am Current Events (CAS) 2:30 Coffee, Cookie, & Conversation (DC) 3pm Gentle Chair Yoga (WBS)	30 9:15am Dancing to the Oldies & Better Balance (WBS) 10am Waters Drumming (WBS) 10:40am Bible Study (CAS) RR 11am Famous Dave's Lunch 2:30 Benefits of Yoga (WBS) 6pm Billiards (LLR)	31 Halloween 9:15 & 10am Rise & Thrive (WBS) 10:45 This Day in History (CAS) 1:30 Halloween Party with games, prizes and music (DC) RR 1:30pm Vocal Essence Sing Along at the Waters of 50th 3pm Gentle Chair Yoga (WBS) 6:15pm Bridge Club (L)			